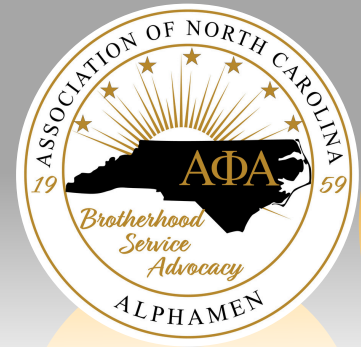


Empowering Holistic Wellness: The 64th District Conference

A Call to Action for Health, Education, and Community Impact



Brothers of the Association of North Carolina Alphas, it is with great pleasure and anticipation that I extend a warm welcome to you all for the 64th District Conference. This year, we gather in the vibrant city of Durham, NC, under the compelling theme of “*Good Brother, Empowering Holistic Wellness for Maximum Community Impact.*” Our sincere gratitude goes out to the Brothers of the Beta Theta Lambda, Kappa Omicron, and Mu Zeta Chapters for their gracious hospitality and diligent hosting responsibilities. Their efforts ensure that this weekend will be both memorable and impactful.

The pursuit of holistic wellness is more critical now than ever. As we confront the challenges posed by hypertension, various forms of cancer, and mental illness, it becomes evident that these health issues are impeding our progress and ability to effect change. Throughout the year, our engagement in the AlphaPhit challenge has been a beacon of accountability and connectedness, bringing us together in the spirit of collective health and wellness. This initiative has not only strengthened our bonds but also underscored the importance of taking proactive steps towards better health.

Our commitment to holistic wellness extends beyond personal health; it is essential in addressing the civic and educational challenges within our communities. We find ourselves at a crucial juncture, grappling with issues such as inadequate educational funding and the reduction of social services funding. These challenges require our concerted effort and unwavering dedication to make the impact we desire. It is imperative that we harness our collective strength to ensure that our fraternity and district continue to progress and thrive.

As we prepare for this momentous gathering, please note that registration will open on August 15th and close on October 24th. We are eagerly looking forward to the business discussions, community impact initiatives, and most importantly, the fellowship that awaits us. This conference is an opportunity to come together, share insights, and forge a path forward that honors our commitments and aspirations.

I wish you all well, encourage you and the Brothers in your network to get registered early as you make plans descend on Durham, NC. Let us embrace this occasion to reconnect, rejuvenate, and reaffirm our dedication to holistic wellness and the fraternity. I look forward to seeing each of you in Durham, where we will continue our journey of empowerment and community impact. Onward and Upward Brothers!